
N O M A D I C

EDUCATIONAL GUIDE

The #SoloMinistry:

While it's important for soloists to focus on the mechanics of the voice itself, it can be just as valuable for a soloist to dig into a song and discover its meaning to them personally. This can help a soloist better connect with their audience and craft an impactful, amazing experience! Not having had these steps dictated by a teacher gave Lynique room to discover a process of solo preparation for herself. This class will give budding and seasoned soloists a chance to observe her personal process and to brainstorm with a room full of creative minds ways to make their performances more authentic and impactful.

Songwriting Using The A Cappella Mindset:

In our community, it's popular to cover music originally written by other artists. As we look ahead in a cappella, original music is starting to become more popular! In this class, we look at the creative process of using your voice as an instrument for an entire original song. We will talk everything from writing to production or your original a cappella track, and even participate in a vocal jam circle. Come prepared to interact, brainstorm, and sing!

Captivating Culture in Music:

In this class, students will explore how they can use aspects of their cultural identity to create authenticity in their music. We will discuss appreciation vs appropriation and how you can best use cultural appreciation to inform your arrangements and creativity. The class is discussion/conversation based, and incorporates listening examples featuring groups such as The Swingles, The Nor'easters, Women of The World, and S#arp Attitude.

Production 101:

Have you ever wanted to learn about the recording process? In Production 101, we will take a look at the basics of recording a cappella music and how you can use these simple skills to record your own music! You can even use your recording skills to arrange using your voice! Come prepared to take notes and ask lots of questions.

The Future of Female A Cappella:

In this class, we will take a look into the most iconic female groups and will discuss how the art of female a cappella is progressing. We will brainstorm how to push the boundaries of the art form as members and arrangers in the female a cappella community, and will talk about the female identity and gender and discuss how they play an important role in female identified a cappella. Come with an open-mind, and be prepared to discuss!

Auditioning 101:

Auditioning can be hard! Auditioning new members for your new group can be even harder. In this class, we will talk about the how-to's of auditioning with a focus on how to audition in a cappella! You will learn the do's and don'ts of the audition process, whether you are the auditioner or the auditionee. Come prepared to ask questions and take notes!

Arranging, Collaboration, and Improvisation:

This class covers the basic of arranging for a cappella, identifying the key skills necessary to start crafting custom charts for your group. In addition to walking through the process and deconstructing a current nomadic arrangement, the class will explore strategies for implementing collaboration and improvisation-- creating an even more unique and individualized sound for you and your ensemble!

Mindfulness and Body Awareness for the Voice:

Having a fully present mind and body is necessary for personal growth as a performer and is an integral key to finding your uniqueness and true artistry. In this class, students will learn how to cultivate skills to find their truest artist within by learning techniques in self-care for the body and mind. One method that will be taught is mindfulness meditation. Mindfulness is the practice of paying attention in the present moment and can be used for stress reduction. The instructor will introduce meditation techniques,

lead a guided meditation, and discuss ways to integrate meditation into daily life and help with performance anxiety. Students will be free to discuss the stressors of performing and being part of music groups. In addition to discussion and meditation,

students will learn the McClosky technique which focuses on relaxing facial muscles which help the voice to function at its best, and learn simple full body stretches to incorporate the whole body in singing!

Blending 101: Making Your Group Sound the Stand-Out:

The presence of a well-blended group sound can take any group from good to great. In this class, students will explore new ways to think about blend and vowel cohesiveness through the use of demonstrations, volunteer-based interactions, and listening examples. This class is discussion/participation based so come prepared to sing and ask questions!

Bass Technique:

Singing bass is unlike any other voice part in a cappella, and different rules apply. In this class, students will learn guiding principles for effective bass singing and explore techniques that will allow them to make the most out of their position at the bottom of every chord. This class is intended for any bass singer regardless of gender.

The Rhythm Section:

The rhythm section -- the pairing of the vocal percussionist and the bass singer -- is the foundation of any contemporary a cappella group. This class will first explore important techniques for effective bass singing and vocal percussion separately and then discuss how the two can work together as a unit to support and elevate their entire ensemble. This class will include a class participation segment, so come ready to sing and beatbox!

Vocal Percussion 101:

In this class, Isaiah will lead participants through the basic sounds of the vocal percussion kit. Originally an instrumental drummer, Isaiah brings a unique and valuable perspective to a cappella VP's regardless of ability or experience.